



KIT LIST 2025

There is an adult approach to this and by virtue of you getting this far, you are well versed with the outdoors and how to prepare. Below is a list of the kit we expect you to have as a minimum; this will be checked thoroughly before the race. The equipment is required to meet our insurance requirements; therefore, failure to have the right equipment will result in your team not taking part. The nature and length of this race makes it truly expeditionary, and we encourage you do your own due diligence and research of all your equipment.

Serial	Item	Detail
Each racers Life Jacket must contain the below items		
1	Life Jacket	You will be wearing this for an entire week so worth investing in this item
2	Whistle	Attached by paracord
3	Signal mirror	Attached by paracord
4	Emergency Fire Kit	Waterproofed – This will be looked at closely!
5	Knife	Attached by paracord
6	Strobe light	Head torch that flashes is ok – must be waterproofed
7	1 x Credit Card per team	Waterproofed
8	\$50 CAD and \$50 USD Cash	Waterproofed
9	Emergency space blanket	
10	Field dressing (emergency bandage)	Waterproofed
11	Emergency contact numbers card	Will be given to all racers prior to starting
The below items must be in your vessel		
12	1 x Bear spray per team (min.)	This can be purchased in Whitehorse in many locations – One as a minimum
13	Passport, ESTA, flight details for crossing U.S border, proof of insurances	Waterproofed and stowed away; you will only get these documents out once. Insurances as detailed in the Terms and Conditions.
14	Waterproof jacket	Light Gortex is recommended so it can dry quickly.
15	Warm jacket	No down jackets. A synthetic or wool jacket is recommended – still warm if wet is key.
16	Water filtration/purification	Look at something that allows you to do this on the go – do your research
17	Emergency water purification tablets	Note that filters may become blocked.
18	GPS x 2 (primary + spare)	Watch GPS is not a substitute - Second GPS is for back up. No phones for GPS. No Garmin based GPS with built-in InReach.
19	1 x Iridium Satellite phone + 1 spare battery	Iridium only - no other network. Pre-paid minutes- don't get more than needed as the emergency response organisation will call you back. Iridium has the best coverage in this region. Be confident in its use – this will be tested on the kit check before the race and catches a lot of teams out. Please note you will not start the race if this is an issue.
20	2 x SPOT trackers (1 per racer) – Gen 2, 3 or 4 ONLY	SPOT Gen 2, 3 or 4 - no other trackers permitted. 1 per racer and worn on shoulder. Use only lithium batteries for the race, they last a week, and you must have spare batteries. SPOT X is not allowed due to its two-way text capabilities. Tracker must be housed in a clear waterproof bag and mounted on the life jacket facing upwards



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21	Solar charger and battery pack	The is primary to charge your satellite phone overnight.
22	Sleeping bag each	2 season is fine, synthetic – hydrodown now permitted for use.
23	Tent	No hammocks – you will either have a two person tent to share, or a tent eachs
24	10 days of rations/food per person	Freeze dried is recommended
25	1 x Cooker	
26	1 x Boat repair kit	Wide roll of Gorilla tape ((heavy duty, waterproof tape) and DIY silicone is fine
27	1 x Team Medical kit	Must have kit for bleeds, breaks, burns, bites, anti-histamine, antiseptic cream, pain relief and super glue and spare sun cream <i>as a minimum</i>
28	Sun Cream	Recommended factor 50+
29	2 x High visibility vest (one per racer)	For marking position in an emergency and for low light use if needed
30	2 x Industrial smoke masks (one per racer)	For possible bush fires – suggested a half mask respirator with P2/P3 cartridges, about \$30 USD each.
31	2 x Swimming goggles (one pair each)	For possible bush fires
32	Dry bags	Size and number are your call
33	Rubbish bag	Robust enough to last the race, there is no opportunity to dispose of rubbish until the end. Leave all camp sites as you find them and respect the wilderness.
34	Bear barrel or sacks	All vessels must use one of these to store food.
35	Maps books x 2	We will not provide mapping. Ensure these are waterproofed, you can read them and are able to provide a grid reference in an emergency. We mandate two books so you have one spare.
36	Spray skirts for canoe and kayak	These are mandatory, you must have them, rentals are ok, but consider bringing your own.

Additional information and tips:

1. Bear barrels and bear sacks are a must for all, you *could* pull your food up in trees overnight – up to you. You will not spend very long on land at one time.
2. Rental spray skirts for Kayaks in Whitehorse have been used a great deal, it is worth the investment to bring your own.
3. Tie down straps; we recommend you bring your own for securing your load in the event of capsize.
4. Sun hat with wide brim.
5. Sun cream – factor 50, the glare of the river is intense for long periods of time (have enough for 8 days).
6. A tennis ball to massage out tired muscles.
7. Sunglasses and spare – polarized is recommended.
8. Paddles - clearly most will bring their own; however, outlets in Whitehorse.
9. Sense of humour!

Personal kit and Clothing. All personal equipment most go with you; **we will cannot carry this across the U.S border.** We recommend you travel in your dry spare clothing. There is an option to Fedex additional kit but this is down to you to arrange.